Name: Suma Nair

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Qualification: Bcom, (Mumbai Univ.) DMM (Welingkar institute)

Yoga Life Coach certified with Udemy from Transformation Academy, Florida.

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Work Experience:

* Deepak Brij Gupta Associates

Bank auditor (1993 - 1996)

* Indbank Merchant Banking Services Ltd.

Worked in FD dept.(1997 - 1999)

* Shriram Transport Finance Ltd (2000- 2001)

Worked in FD dept.

* Sumitomo Corporation (I) Ltd.(2002-2004)

Worked in accounts dept.

* Jerry Varghese Pvt Ltd.(2007-2009)

Worked in recruitment dept.

Currently I am a freelance Certified Yoga Instructor having 13 years of Hatha Yoga experience which includes 9 years of teaching.